A. Airway

The first step in animal CPR, after determining non-responsiveness, is to obtain a patent airway. You should not continue on, until this step has been achieved.

1. Carefully pull the tongue out of the animal's mouth

WARNING: even an unresponsive dog may bite by instinct!!

2. Make sure that the neck is reasonably straight; try to bring the head in-line with the neck.

WARNING: Do not hyperextend in cases where neck trauma exists

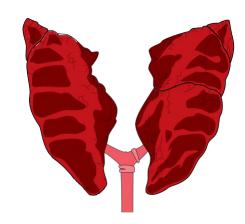
- 3. Attempt 2 rescue breaths, by closing the mouth, and performing mouth-to-nose ventilations. If they go in with no problems continue to 8-8 reathing.
- 4. Reposition the neck and try step 3 again.
- 4. Visibly inspect the airway by looking into the mouth, and down the throat for foreign objects occluding the airway. Unlike human-CPR, rescuers may reach into the airway and remove foreign objects that are visible
- 5. Proceed to the Heimlich maneuver

A. Heimlich

After attempting to ventilate:

- 1. Turn the animal upside down, with its back against your chest
- 2. With both arms, give 5 sharp thrusts (bear hugs) to the abdomen. Perform each thrust as if it is the one that will expel the object
- 3. Stop, check to see if the object is visible in the airway, if so, remove it and give 2 mouth-nose rescue breaths. If the breaths do not go in, go back to step 1

Do not proceed with CPR, even if the animal goes into cardiac arrest. You must clear the airway first.





B. Breathing

After achieving a patient airway, one must determine whether the animal is breathing, and whether this breathing is effective:

1. Carefully pull the tongue out of the animal's mouth

WARNING: even an unresponsive dog may bite by instinct!!

2. Make sure that the neck is reasonably straight; try to bring the head in-line with the neck.

WARNING: Do not hyperextend in cases where neck trauma exists

- 3. Ventilate the animal by closing the mouth, and performing mouth-to-nose ventilations. If they do not go in with ease go to A-Airway
- 4. Ventilate at 20 breaths per minute If supplemental Oxygen is available, and the animal is breathing on its own, use a high-flow blowby.

WARNING: Do not attempt to intubate the animal, without prior training, and properly sized ET tubes (see our web site).

6. Proceed to C-Circulation, while continuing respiratory support as necessary

C. Circulation

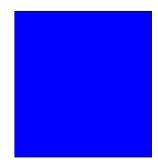
This is the final step of CPR and should only be initiated after the airway and breathing steps have been completed:

- 1. Make sure that there are no major (pooling/spurting blood) points of bleeding. Control as necessary
- 2. Lay the animal on its right side
- 3. Locate your hands where its left elbow touches the chest. Approximately the middle of the rib-cage
- 4. Compress the chest 15 times followed by 2 rescue breaths (3 compressions every 2 seconds)

Compress

1/20 - small dogs 10 - medium dogs 1.50 - large dogs

5. Repeat as necessary



Dr. Lori H. Feldman

Dr. Feldman is a Massachusetts and New York Licensed Veterinarian. This document is primarliy aimed at EMS/Medical personel who may encounter animals in arrest. Pet owners should consult their veterinarian for specific details on procedures outlined here.

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